

George Stella Cookbooks

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## Summary:

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George Stella - Stella Style Community - Low Carb - Good ... It's hard to believe that not long ago, Celebrity Chef George Stella weighed 467 pounds. He was suffering from congestive heart failure and living on disability when he decided he had to take action. George has lost more than 250 pounds by changing the way he looks at food. Recipes - George Stella - Stella Style Community Here's a collection of some of our Stella family favorite recipes plus some handy sauces and household staples. Explore the categories below and our Videos section for even more recipes. George Stella (@TheGeorgeStella) | Twitter George Stella @TheGeorgeStella. Celebrity Chef George Stella appears on television and stage , hosted two seasons of Low Carb and Lovin' It on Food Network and has eight cookbooks.

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